

KERN COMMUNITY COLLEGE DISTRICT

CLASS TITLE: ATHLETIC TRAINER

BASIC FUNCTION:

Under the direction of an assigned supervisor, administer preventive treatment and rehabilitation to physical education students and athletes engaged in various intercollegiate sports; assure compliance with health and safety standards; oversee the issuance, maintenance and replacement of athletic injury protective gear and equipment for the college athletic program.

REPRESENTATIVE DUTIES:

Provide emergency service for student injuries sustained during physical education classes, team practices and athletic events; evaluate seriousness of injuries; administer first aid; provide protective taping, bracing and padding for athletes; refer students to a physician as needed. *E*

Coordinate rehabilitation programs for injured students; provide physical therapy treatment for injuries as prescribed by team physicians; coordinate and administer athletic training programs. *E*

Assure compliance with safety standards by properly fitting athletic equipment knee and ankle braces and other related protective gear. *E*

Educate and counsel athletes about their conditions including the nature of injuries and the procedures to be followed for recovery. *E*

Travel with athletic teams as assigned; attend home athletic events; provide protective equipment and perform emergency repairs at athletic events as needed. *E*

Assist in the selection of athletic equipment, supplies and uniforms; confer with coaches to designate specifications and formulate bid process; research suppliers and make recommendations. *E*

Maintain, order and inventory athletic uniforms, supplies and equipment; monitor the distribution of supplies; prepare related records. *E*

Inspect practice areas and athletic equipment; consult with coaches regarding injury prevention. *E*

Clean and maintain training room and related equipment and supplies; maintain work area in a safe, clean and orderly condition; perform minor maintenance to training equipment; provide for and schedule servicing of equipment as needed. *E*

Prepare and maintain a variety of records and reports including injury and accident reports, rehabilitation logs and insurance claims; maintain and update student files. *E*

Operate a variety of athletic and medical equipment including a muscle stimulation unit and ultrasound machine. *E*

Provide work direction and guidance to student assistants as assigned.

Perform related duties as assigned.

KNOWLEDGE AND ABILITIES:

KNOWLEDGE OF:

Equipment, materials and supplies of a college athletic and physical education program.

Medical terminology and human anatomy.

First aid and CPR.

Injury evaluation and proper treatments.

Modern practices and techniques of preventive and rehabilitative treatment used in athletics.

Principles, methods and techniques of physical therapy.

Methods and techniques of properly fitting athletic equipment.

Record-keeping and report writing techniques.

Proper methods of storing equipment, materials and supplies.

Health and safety regulations.

Oral and written communication skills.

Interpersonal skills using tact, patience and courtesy.

ABILITY TO:

Administer preventive and rehabilitative treatment to physical education students and athletes.

Evaluate and treat a variety of athletic and physical education injuries.

Administer first aid and CPR.

Perform physical therapy as directed.

Apply and fit protective taping, padding, braces and related equipment.

Maintain and repair athletic protective equipment.

Recognize unsafe conditions which may be potentially dangerous to an athlete.

Maintain records and prepare reports related to assigned activities.

Communicate effectively both orally and in writing.

Establish and maintain cooperative and effective working relationships with others.

Operate a variety of athletic and medical equipment.

Travel to athletic events as assigned.

Analyze situations accurately and adopt an effective course of action.

Work effectively under time constraints.

EDUCATION AND EXPERIENCE:

Any combination equivalent to: Bachelor's degree with course work in physical education, athletic training or a related field and two years athletic training experience.

LICENSES AND OTHER REQUIREMENTS:

Possession of, or ability to obtain, a valid First Aid and CPR Certificate issued by an authorized agency.

Possession of, or ability to obtain, a valid California driver-s license.

Possession of, or ability to obtain, a National Athletic Trainers Association Certification.

WORKING CONDITIONS:

ENVIRONMENT:

Indoor and outdoor work environment.

Drive a vehicle to conduct work.

Evening or variable hours.

Seasonal heat and cold or adverse weather conditions.

PHYSICAL DEMANDS:

Incorporated within one or more of the previously mentioned essential functions of this job description are essential physical requirements. The chart below indicates the percentage of time spent on each of the following essential physical requirements.

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| 1. | Seldom = Less than 25 percent | 3. | Often = 51-75 percent |
| 2. | Occasional = 25-50 percent | 4. | Very Frequent = 76 percent and above |

- 2 a. Ability to work at a desk, conference table or in meetings of various configurations.
- 3 b. Ability to stand for extended periods of time.
- 1 c. Ability to sit for extended periods of time.
- 4 d. Ability to see for purposes of reading printed matter.
- 3 e. Ability to hear and understand speech at normal levels.
- 4 f. Ability to communicate so others will be able to clearly understand a normal conversation.
- 2 g. Ability to bend and twist.
- 2 h. Ability to lift 50 lbs.
- 2 i. Ability to carry 50 lbs.
- 2 j. Ability to operate equipment used in the maintenance and repair of athletic equipment.
- 3 k. Ability to reach in all directions.

HAZARDS:

Contact with blood and other body fluids.

This job description is intended to describe the general nature and level of work being performed. It is not intended to be construed as an exhaustive list of all responsibilities, duties and skills required of individuals so classified.